

Southeastern Society of Oral and Maxillofacial Surgeons

Annual Meeting

***The Europe Hotel and Resort
Killarney, Ireland
May 7-12, 2019***

Complications of Dentoalveolar Surgery

Management of OSA

***Current Concepts in Management of
Premalignant and Oral Cancers***

***ERAS: Early Recovery After Surgery or
EROS: Enhancing Recovery of Oral Surgery***



G. E. Ghali, DDS, MD, FACS, FRCS (Ed)
Chancellor & Dean
LSU Health Science Center
Gamble Professor & Chairman
Oral and Maxillofacial Surgery
Shreveport, LA



Peter Waite, DDS, MD, MPH
Professor and Chair
University of Alabama at Birmingham
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Birmingham, AL



Greetings from the President

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Lee Allen, DMD, MD

Dear SSOMS Colleagues,

Are you getting excited about IRELAND? On behalf of the officers and executive board, Kim and I are ready to celebrate our 70th anniversary SSOMS Annual Meeting at the Europe Hotel and Resort in Killarney Ireland, May 7-12, 2019.

This Killarney hotel is beautifully located, overlooking the famous Lakes of Killarney. The Europe Hotel & Resort is a Five Star Hotel in Killarney, Co. Kerry, Ireland, with a Conference & Event Centre and incorporates ESPA at The Europe, one of the top spas in Killarney, Kerry. It is in the beautiful grounds of this spa resort in Killarney that the waters of Killarney's largest lake, Lough Lein, reflect the wilderness of Kerry's magnificent McGillycuddy Reeks Mountain range in the scenic South West of Ireland. Enjoy a range of leisure activities in Killarney, Co. Kerry on the grounds of one of the finest resorts Ireland has to offer.

Being one of the best known hotels in Ireland, The Europe Hotel & Resort captures the imagination of visitors to Killarney whether for the Kerry Spa and or the restaurants in Kerry. Enjoy luxury accommodation in Killarney, Co. Kerry & let relaxation envelop you as you enjoy one of Ireland's finest views from your own private balcony overlooking Killarney Golf & Fishing Club or the Lakes of Killarney. The Europe Hotel is regarded as one of the most luxurious Killarney Hotels and is ranked as one of the top hotels in Ireland.

Dr. G.E. Ghali has prepared an excellent scientific program and will focus on complications in oral and maxillofacial surgery and "current" concepts in oral and maxillofacial surgery.

We have planned fabulous tours and activities for our visit to Ireland, so please read about this events and sign up today, space is limited.

Our President's Banquet on Saturday night will be in a traditional Irish setting with Irish music and dancing and plenty of Guinness and Irish Whiskey. So, Kim and I are very excited about what awaits us in Ireland and we'll see you there!

Warm regards,

Lee Allen, DMD, MD
President, SSOMS

Scientific Program

- *Complications of Dentoalveolar Surgery Management of OSA*
- *Current Concepts in Management of Premalignant and Oral Cancers*



G. E. Ghali, DDS, MD, FACS, FRCS (Ed)

Dr. Ghali has lived and practiced in Shreveport for the past 20 years. He received his dental degree from Baylor College of Dentistry, his oral and maxillofacial training from Parkland Memorial Medical Center and his medical degree from Louisiana State University School of Medicine. He completed his advanced training in head and neck surgery at Emanuel Hospital in Portland, OR. Dr. Ghali's practice spans from primary cleft repair to cosmetic surgery to head and neck cancer. His professional interest lies in the treatment of pediatric craniofacial deformities including craniosynostosis, cleft lip and palate, and dentofacial deformities. However, his surgical and teaching interests also include dentoalveolar surgery, dental implants, cosmetic surgery, head and neck oncology, and trauma.

Dr. Ghali is Professor and Chairman at LSU Health Shreveport and is very active in resident, fellow, and student education. He also has appointments to countless hospital committees helping to keep LSU Health Shreveport at the forefront of medical care in Louisiana. He continues to serve on national and international organizations for AAOMS, ABOMS, and IAOMS. Dr. Ghali's association with these organizations has helped shape the profession of oral and maxillofacial surgery as well as provided international recognition for the LSU Shreveport residency and fellowship programs.

Dr. Ghali has numerous research interests including clinical and basic science research. He has published in numerous peer-reviewed journals, written many book chapters and has edited textbooks that are vital to the knowledge base of many in the specialty.

ERAS: Early Recovery After Surgery or EROS: Enhancing Recovery of Oral Surgery



Peter D. Waite, DDS, MD, MPH

Dr. Peter Waite is a graduate of the University of Minnesota School of Dentistry (1979) and the University of Alabama Birmingham School of Medicine (1983). He completed his oral and maxillofacial surgery training at UAB and remained to become Professor and McCallum Chair of the Department of Oral & Maxillofacial Surgery. He has been the Chair since 1993 and serves on the Health Services Foundation Executive Committee and enjoys a full scope faculty practice. Dr. Waite has lectured on the surgical treatment of obstructive sleep apnea both nationally and internationally. He has been an examiner for the ABOMS and was the first oral & maxillofacial surgeon to become President of the American Academy of Cosmetic Surgery. Dr. Waite has published many articles and book chapters on the surgical treatment of OSA and cosmetic surgery. He was one of the first to publish maxillomandibular advancement for OSA and simultaneous rhinoplasty in orthognathic surgery. His clinical interests are in orthognathic surgery, cleft reconstruction, facial cosmetic surgery, TMJ, dental implants and dentoalveolar surgery. He is a co-editor for Peterson's Principles of Oral & Maxillofacial Surgery.

The scientific sessions have been approved for 5.5 CE credit hours.

General Information

OVERVIEW

Join us at the 70th SSOMS meeting to be held at the Europe Hotel and Resort in Ireland. Killarney, Co. Kerry is one of Ireland's best loved destinations. Over 26,000 acres of National Park offer numerous trails. Set at the foot of the majestic McGillycuddy Reeks mountain range the park also boasts the three world famous Lakes of Killarney. Killarney town is well known for its excellent shops, restaurants and cosmopolitan appeal. During summer months the lively on-street musical entertainment is enjoyed by tourists and locals alike. On bright evenings one can browse in a bookstore, admire art, or savour the delights of homemade ice cream or a creamy pint of Guinness.

Hotel Accommodations: The Europe Hotel and Resort is almost sold out. We have a handful of rooms left and there are a few more we could secure in the hotel. We strongly recommend you plan to arrive at the Europe on Tuesday, May 7 and depart on Sunday, May 12. Rates are €265 - €285 and include daily breakfast. Please visit the website, follow the instructions and secure your room immediately. <http://ssoms.org/2019-annual-meeting/>

CONFERENCE REGISTRATION

To register for the meeting and all activities, please type this link into your browser and follow the directions.

<https://www.123signup.com/register?id=rgfcd>

The registration fee includes all scientific programs, breaks, Wednesday reception, and Saturday banquet. Spouses are required to pay the registration fee, however if you are bringing an additional guest or children please see the registration form for individual tickets. Registration fees are: Member - \$845, Spouse/Guest - \$400, Non-Member - \$945, Candidate - \$845, Retired - \$745. If you have any questions, please call Melissa Connor at the administrative office at 770.271.0453.

OPENING RECEPTION

The opening reception will be held Wednesday, May 8 from 6:00-7:00pm. **Thanks to KLS Martin and OMSNIC for co-sponsoring this reception.**

SPOUSES PROGRAM

Spouses are invited to join Kim Allen Thursday morning for a tour of Muckcross Farm (see the description in the tours and activities section of the brochure). Please sign up on the registration link.

PAST PRESIDENTS' ADVISORY MEETING

If you are a past president of SSOMS, we invite you to join us for Saturday morning at 7:00am. Please sign up on the registration link.

PRESIDENT'S BANQUET

The President's Reception will be held Saturday, May 11 from 6:30pm to 7:00pm followed by the banquet, awards and entertainment. **Thanks to KLS Martin and OMS National for co-sponsoring the reception and banquet.** Attire: Black tie optional.



DAILY TOURS AND ACTIVITIES

We encourage you to sign up early for all tours and activities as space is limited. If tour or activity minimums are not met 30 days prior to the conference the activity will be cancelled. In addition, the Europe Hotel offers over other activities that can be arranged by the Europe Hotel Concierge.

SPA

ESPA at the Europe is not just well known in Killarney or even in Co. Kerry, but it is also one of the most decadent luxury spa hotels in Ireland. After your treatment, visit the Spa Café which offers a harmony between beautiful surroundings and satisfying nourishing food. The Spa Café is ideal for guests who are seeking an organic salad, a refreshing fruit juice or herbal tisane. You might simply choose to relax in the cocoon of our heated loungers where the peaceful sound of the water on the lakeshore will lull you into a gentle rest, delaying the return to the outside, with the blissful escape lasting just a little longer. ESPA at The Europe truly offers a place of peace, calm and tranquillity; a unique experience you will always remember. We suggest you make your spa reservation before you attend the conference and inquire at this link: <https://www.theurope.com/espaspa-hotels-ireland-kerry>

TRANSPORTATION

Depending on the response, we are planning on arranging bus transportation to Killarney from Dublin (3.5 hours) and Shannon (1.5 hours) airports. **Please send us your flight information so that we can collect arrival and departure times to arrange transportation. Fees for this transportation will be based on the number of participants.**



2019 SSOMS Schedule

Wednesday, May 8

1:00 - 5:00pm	Registration
2:00 - 5:00pm	Candidates Interviews
2:00 - 5:00pm	Executive Board Meeting
6:00 - 7:00pm	Opening Reception for all Sponsored by KLS Martin and OMSNIC

Thursday, May 9

7:30am - 12:00pm	Registration
8:00 - 9:00am	<i>"Complications of Dentoalveolar Surgery"</i> G.E. Ghali, DDS, MD, FACS, FRCS (Ed) Shreveport, LA
9:00 - 10:00am	<i>"Management of OSA"</i> Dr. Ghali
9:00am - 12:00pm	Spouse's Program: Muckcross Farm
10:00 - 10:30am	Break
10:30pm - 12:00pm	<i>"Current Concepts in Management of Premalignant and Oral Cancers"</i> Dr. Ghali
	TOUR OPTIONS
1:30 - 3:30pm	National Park Cycling
1:30 - 6:00pm	Mini Ring of Kerry
1:30 - 7:00pm	Dingle Peninsula (shorter tour)
2:00 - 4:15pm	Hawk Walk
2:00 - 5:00pm	Horseback Riding

Friday, May 10

	ALL DAY TOUR OPTIONS
10:15am - 3:15pm	Gap of Dunloe Lunch included
8:30am - 4:30pm	Dingle Peninsula (longer tour) Lunch included

Saturday, May 11

7:30 - 8:30am	Past Presidents' Advisory Meeting District III Caucus
8:00 - 10:00am	<i>"ERAS: Early Recovery After Surgery or EROS: Enhancing Recovery of Oral Surgery"</i> Dr. Peter Waite, DDS, MD, MPH Birmingham, AL
10:00 - 13:00am	Break
10:30am - 12:00pm	Business Meeting
	TOUR OPTIONS
1:30 - 3:30pm	National Park Cycling
1:00 - 5:00pm	Mini Ring of Kerry
1:00 - 5:00pm	Dingle Peninsula (shorter tour)
2:00 - 4:15pm	Hawk Walk
2:00 - 5:00pm	Horseback Riding
6:30 - 7:00pm	President's Reception
7:00	President's Dinner Co-sponsored by KLS Martin and OMSNIC
	Awards
	Irish Music and Dancing

Sunday, May 12

Departure

Fabulous Tours

Spouses' Program: Muckross Farms Thurs., May 9, 9:00am - 12:00pm



Today you have an opportunity to step back in time and explore Muckross Traditional Farm. You are invited to discover the Ireland of 1930's and 1940's. During the visit you will be taken back to a time before the advent of electricity when all work was carried out using traditional methods. We arrive at the Schoolhouse, which is a scaled up version of a traditional two roomed school similar to what was dotted throughout Ireland in the not too distant past. Here you will receive a short informal lesson in the classroom, where you will learn a little about the history of school life in Ireland at the time and learn a 'cupla focal' of the Irish language in a fun & entertaining manner. This is followed by an interactive and fun lesson in the making of Traditional Irish Soda Bread and Farmhouse Butter - where all can learn about these staples of Irish cuisine - their ingredients, the process and their importance in the story of Irish Food. A local Irish musician and dancer will instruct you in learning a few Irish dance steps. Following the demonstrations the group will be transported to the atmospheric surroundings of Quills Farmhouse complete with open peat fires and oil lamp lighting, where you can enjoy homemade scones, butter and local jams, tea or coffee.

TIMELINE

- Meet in the hotel lobby at 8:30am for transportation
- Return at 12:00 pm
- Transportation, tax, and gratuity
- \$100 per person



Mini Ring of Kerry Thursday, May 9, 1:30 - 6:00pm Saturday, May 11, 1:00 - 5:00pm



For a day of breath-taking views, we heartily recommend the scenic Ring of Kerry Tour (mini version), which explores Kerry's rugged coastline and mountain passes. The scenery is a spectacular blend of windswept cliffs, still lakes and Rocky Mountains - a continuous delight varying a hundred times in a hundred miles.

We begin at the hotel and continue via picturesque towns such as Kilgarvan and Kenmare, returning via the mountainous areas of Molls Gap and Ladies View.

TIMELINE

- Meet in the hotel lobby at 1:00 pm for transportation
- Arrive back at hotel 6:00pm
- Transportation, tax and gratuity
- \$60 per person



Fabulous Tours

Dingle Peninsula (shorter tour)

Thurs., May 9, 1:30 - 6:00pm

Saturday, May 11, 1:00 - 5:00pm



The Dingle Peninsula is the most northern of the Kerry peninsulas. Rough and wild, but still agricultural, it remains attached to old traditions. The scenery in Dingle is beyond compare. The wild expanses where the sea meets the sky in such a breath-taking fashion are truly awe-inspiring. The traditional town of Dingle is home to legions of wonderful shops, selling hand-made arts and crafts. They line every street and corner, sitting happily among pubs, award-winning seafood restaurants and cafés. Quintessentially Irish and steeped in heritage, traditional Irish music and the Irish language are cultural staples in Dingle. This excursion will include many stops in the most scenic points of this Peninsula.

Dingle Peninsula (longer tour)

Friday, May 10, 8:30am - 4:30pm

During the full day tour, lunch will be at leisure in the picturesque town of Dingle to give you the opportunity to enjoy the small coffee shops, quaint restaurants, traditional pubs and mix and mingle with the locals.

TIMELINE Shorter

- Meet in the hotel lobby at 1:00pm for transportation
- Return at 6:00 pm
- Transportation, tax, and gratuity
- \$80 per person

TIMELINE Longer

- Meet in the hotel lobby at 8:00pm for transportation
- Return at 4:30pm
- Transportation, tax, and gratuity
- \$100 per person



Gap of Dunloe

Friday, May 10, 10:15am - 3:15pm



Today we travel to the base of the mountain range known as Mac Gillycuddy Reeks. Here we abandon our modern coach for a more traditional mode of transport - the Jaunting Car (Pony and Buggy) - and wind our way through the mountains and some of the most spectacular scenery in all of Ireland.

A BBQ lunch is served at Lord Brandon's Cottage on the lakeshore. After lunch we take the "Gap Boats" for one of the most picturesque boat trips imaginable. The 'voyage' takes guests through the Upper Lake, Muckcross Lake and Lough Leane, with the mountains of the National Park on either side.

TIMELINE

- Meet in the hotel lobby at 9:45am for transportation
- Arrive back at hotel 3:15pm
- Transportation, tax and gratuity
- \$230 per person

Additional Activities

Biking in Killarney National Park

Thurs., May 9, 1:30 - 3:30pm

Saturday, May 11, 1:30 - 3:30pm

At the foot of the Mac Gillycuddy's Reeks mountain range, the highest in Ireland, nestle the world famous lakes of Killarney. Here, where the mountains sweep down to the lake shores, their lower slopes covered in woodlands, lies the 10,236 hectare (26,000 acres) Killarney National Park. The distinctive combination of mountains, lakes, woods and waterfalls under ever changing skies gives the area a special scenic beauty. You will cycle at leisure through the beautiful wooded area and follow the river all the way to Ross Castle before returning to the town centre of Killarney. Includes bikes delivered to hotel, a guide, helmet, water and chocolate bar.

TIMELINE

- Meet in the hotel lobby at 1:00pm
- Return at 3:30 pm
- \$90 per person

Hawk Walk

Thurs., May 9, 2:00 - 4:15pm

Saturday, May 11, 2:00 - 4:15pm

Guests will set off around the beautiful Killarney lakelands to fly a hawk/or team of hawks and experience the unforgettable moment when a hawk swoops down from a tree to land on the your gloved fist. Each hawk walk is an experience with a falconer and hawk, or team of hawks, all to yourself. Our falconers are very professional and excited about their craft. They take their time and make you feel very comfortable around these magnificent birds of prey.

TIMELINE

- Meet in the hotel lobby at 1:30pm for transportation
- Return at 4:15pm
- \$120 per person

Horseback Riding

Thurs., May 9, 2:00 - 5:00pm

Saturday, May 11, 2:00 - 5:00pm

Killarney Riding Stables are located minutes from Hotel Europe. Here you will have a really enjoyable ride in Killarney National Park, set out on trails, along the lakes, through the woods and some of Ireland's most precious natural habitats, enjoying panoramic views of the Lakes and majestic mountains throughout the ride. Whether a novice or an expert rider, you will be welcomed with the same enthusiasm and respect and matched with just the right horse. Includes transportation, a guide and helmet.

TIMELINE

- Meet in the hotel lobby at 1:30pm for transportation
- Return at 5:00pm
- \$220 per person

