

# **Southeastern Society of Oral and Maxillofacial Surgeons**

# **68th**

***Annual Meeting***

***Reducing Office-Based  
Anesthesia Morbidity  
Implant Complications  
Nerve Repair***

***The Greenbrier***

***White Sulphur Springs, WV***

***May 3-7, 2017***

# Greetings from the President

Dear SSOMS Colleagues,

Now that the holidays are behind us, it's time to look ahead to the 68th Annual Meeting of the Southeastern Society of Oral and Maxillofacial Surgeons. On behalf of the officers and executive board, Judy and I wish you a happy 2017 and invite you to join us at the Greenbrier Resort, a National Historic Landmark, in White Sulphur Springs, WV May 3 thru May 7, 2017.

The setting is breathtaking and the resort itself is spectacular and unique! The Greenbrier has been welcoming guests since 1778. It has everything- beautiful accommodations, elegance, unmatched service, multitudes of activities (I've never seen such a long and varied list of activities), fantastic cuisine, and wonderful history. There is truly something for every taste, interest, and age. If you've been, then you know what I'm talking about. If you haven't, then you are in for a treat! Go to the web site to get a glimpse of what we all have in store.

There are over 55 activities spread over 11,000 acres. There's golf, the spa, historical tours including one to the famous "Bunker", culinary demonstrations, tennis, falconry, skeet, zip line, hiking, fly fishing, four wheeling, bowling, and charming nearby villages. Of course, don't overlook the beautiful casino and multiple excellent dining options. So many options and so little time! There really is no other place like the Greenbrier! It is a very stately and rich setting which fits the Southeastern very nicely.

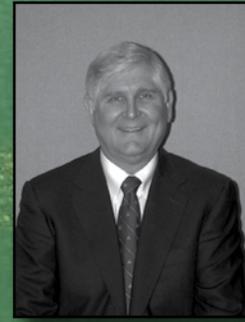
Dr. J.W. Hudson has prepared an excellent scientific program which will include speakers Bob Bosack, Gary Morris, and Gary Steinberg. Dr. Bosack will focus on reducing office anesthesia morbidity. One of our goals is to provide state anesthesia CME requirements for our members. Dr. Morris will speak on implant complications and Dr. Steinberg on the contemporary management of peripheral nerve injury and repair.

The executive board is proud to announce that two of our long time members and leaders will be honored at this meeting. The meeting will be dedicated to Dr. Don Tillery, Sr. Dr. Tillery is a past president of the SSOMS and served his specialty and this organization in exemplary fashion for four decades. Dr. Tillery enjoyed a long and successful career in Orlando, Florida and was a true professional in every sense and of the highest caliber. He was a genuine southern gentleman. Dr. Gerald Laboda has been awarded our Lifetime Achievement Award. This awardee had provided very strong leadership for the profession at all levels. He is a man of strong principle, exceptional professional vision, and has exhibited the ability to bring about important positive change for our specialty.

We will, again, enjoy a splendid President's Banquet on Saturday night in a regal setting, after which we will proceed to the casino for a delightful evening of chance. So, Judy and I are very excited about what awaits us at the Greenbrier and we hope that we will see you there! Come join us and bring your family and professional friends. Make this the biggest SSOMS meeting ever! By the way, Hank and Melissa, along with Lee Allen, have done a wonderful job at putting this most special event together and we thank them for their effort on our behalf.

Warm regards,

Jim and Judy



*Jim Davis, DMD*

# Honorees

## 2017 SSOMS Annual Meeting Dedicated to Don Tillery, Sr., DDS

Dr. Tillery attended Auburn University, leaving to serve in the Navy before returning to Auburn for his degree in pharmacy. At Auburn, he was a member of PiKA; Phi Kappa Phi, Rho Chi, and several honorary fraternities. Don received his dental degree at Emory University and his oral surgery training at Jackson Memorial in Miami.

Dr. Tillery moved to Winter Park in 1960 for 36 years of practice and an active life of giving. He was senior partner of Tillery, Robinson, Lightbody, Payor, Salmon, and Tillery Jr., President of the Southeastern Society of Oral and Maxillofacial Surgeons; founding father and President of Florida Society of Oral Surgeons; Secretary of the medical staff at Florida Hospital; President of the Orange County American Cancer Society and served on the Civil Service Board of Winter Park and Industrial Service Commission of Mid-Florida.

Dr. Tillery was one of the founders of the Episcopal Dental Ministry in Honduras, and performed other mission work in Peru, Greece, Costa Rica, and Honduras. He retired contented to his "Home place" in Lake County in 2001. Don's life was a life well-lived. He was a kind, humble man; always giving, and loved by everyone.

Don passed away in 2014 leaving a void in SSOMS that remains to this day. He is survived by his wife, Sarah Ellen Regan and their three children Suzanne (Mickey) Conway, Don Jr. (Lisa), and Jim; and six grandchildren, Sarah Kate, Caroline, and Tillery Conway, Austin, Don, and Ben Tillery.

## Gerald Laboda, DMD Honored with Lifetime Achievement Award

We are honored to have chosen Gerald Laboda, DMD as our Lifetime Achievement Award Winner; his accomplishments and dedication to our profession are exemplary. Dr. Laboda received his DMD degree from Temple University in 1960. His residency in Oral and Maxillofacial Surgery was from 1961-1963 at Jefferson Hospital in Philadelphia, PA and his graduate medical degree from the University of Pennsylvania. Dr. Laboda was Chief of Oral and Maxillofacial Surgery at US Army Hospital, Sandia Base in Albuquerque, NM. He then moved to Southwest Florida with Columbia/HCA Health Care Corp where he became medical director. Dr. Laboda was an Adjunct Clinical Professor, Oral & Maxillofacial Surgery, College of Dental Medicine at Nova Southeastern University and at Broward General Medical Center from 2008-2015. He is a founding Partner and was Senior Surgeon at Southwest Florida Oral and Facial Surgery, PA. from 1965 to 2007.

Dr. Laboda has been a member and served as an officer of many state and national Oral and Maxillofacial organizations including: Board of Dentistry, State of Florida, 1999-2003; Chairman - Board of Dentistry, State of Florida, 2002; Chairman - Oral & Maxillofacial Surgery Foundation (OMSF) 2000-2002; Director - OMSF, 1991-2002; President - American Association of Oral and Maxillofacial Surgeons, (AAOMS) 1989-1990; President-Elect - AAOMS, 1988-1989; Vice-President - AAOMS, 1987-1988; Trustee - District III, Board of Trustees, AAOMS, 1984-1987; Committeeman of the Year - AAOMS, 1983; Chairman - Committee on Practice, AAOMS, 1980-1983; Committee - Parameters of Care Coordination Committee, AAOMS, 1991-1994; Chairman, 1994-1998; Officer - Past President, Florida Society of Oral and Maxillofacial Surgeons; Past President, Southwest Florida Dental Society; Past President, Florida Dental Society of Anesthesiology; Past President, Southeastern Society of Oral and Maxillofacial Surgeons; Delegate or Alternate, House of Delegates, AAOMS, 1971-1984; Consultant - Council on Hospital and Institutional Dental Services of American Dental Association, 1980-1983; Consultant - Special Committee on Managed Care, ABOMS, 1994-1995; Secretary/Chairman - District III Caucus, AAOMS, 1981-1982 and is currently a Diplomate, ABOMS, 1966 - present.

Dr. Laboda is a Fellow in the American Association of Oral and Maxillofacial Surgeons, American Dental Society of Anesthesiology, American College of Dentists and International Association of Oral and Maxillofacial Surgeons. His hospital affiliations include: Emeritus Staff - Southwest Florida Regional Medical Center, Lee Memorial Hospital, Gulf Coast Regional Medical Center, Cape Coral Hospital and Lehigh Regional Medical Hospital. He was a member of Board of Trustees, Southwest Florida Regional Medical Center, 1974-2007; member of Board of Trustees, Gulf Coast Hospital, 1995-2007; member of Board of Trustees, East Pointe Hospital, 1995-2002 and Chairman, Board of Trustees, Southwest Florida Regional Medical Center, 1987-1994.

Dr. Laboda has been a vital and active member of his community serving on numerous boards and in many positions including: Stonegate Bank, member, Board of Directors, 2011-2016; Vice Chair - Board of Directors, SW Capital Bank, 2007-2011; Chairman, Ft. Myers Downtown Redevelopment Agency, 1993 - Present; Florida Gulf Coast University Foundation - 2001-2007; Chairman, Florida Repertory Theater, Inc. 2002-Present; Lee County Public Schools Foundation, Inc. Past President and Charter Member; Coalition for a Drug Free Lee County; Barnett Bank of Lee County, N.A.; (Senior Member of the Executive Committee), 1974-1997; Nations Bank - SW Florida Market, 1997-1999; Y.M.C.A. of Lee County, Florida (Past President); Lee County Cancer Society and the United Way of Lee County.

Dr. Laboda continues to publish and present on oral and maxillofacial surgery topics across the U.S. and has been published in many accredited journals.

Congratulations, Dr. Laboda!



*Dr. Don Tillery, Sr.*



*Dr. Gerald Laboda*

# General Information

## OVERVIEW

Join us at the 68<sup>th</sup> SSOMS meeting to be held at the beautiful Greenbrier in White Sulphur Springs, WV. Located amid the breathtaking mountains of West Virginia, The Greenbrier is a National Historic Landmark and world-class resort that has been welcoming guests from around the world since 1778. The natural mineral springs that drew their first guests over 235 years ago continue to lure visitors to the 11,000 acre luxury retreat today. With a guest list that includes 26 of our country's 44 Presidents, America's Resort has long been a favorite destination of royalty, celebrities and business leaders. Today, The Greenbrier invites a new generation to come out and play. Enjoy relaxing pastimes, start treasured traditions, or set out on an amazing adventure together.

**Hotel Accommodations:** For your convenience we have arranged a block of rooms at the Hotel. Reserve your room today online at <http://bit.ly/2gVRbEk> by calling 877.392.2243 and asking for the SE Society of Oral Surgeons block. The room block will fill quickly so don't delay. Guestrooms are \$299.00 per night. **The block expires on April 1, 2017 or while rooms last.** Parking: Overnight self parking is complimentary. Overnight valet parking charges are taxable at \$25.00 per car, per night, \$50.00 per night in garage.

## CONFERENCE REGISTRATION

Online registration has been set up for the SSOMS Conference. Please type this link into your browser and follow the directions.

<https://www.123signup.com/register?id=ndhkt>

It will take you a few minutes to complete all the necessary areas. The registration fee includes all scientific programs, breakfasts, breaks, exhibits, Wednesday reception, Saturday reception and banquet. Spouses are required to pay the registration fee, however if you are bringing an additional guest or children please see the registration form for individual tickets. Registration fees are: Member - \$645, Spouse/Guest - \$350, Non-Member - \$745, Candidate - \$350, Retired - \$545. If you have any questions, please call Melissa Connor at the administrative office at 770.271.0453.

## OPENING RECEPTION

The opening reception will be held Wednesday, May 3 from 6:00-7:30pm. Join us as we welcome new candidates to the meeting. Please be sure to make your dinner reservations for the week prior to your arrival.

## SPOUSES ORIENTATION BREAKFAST

Spouses and guests are invited to join Judy Davis Thursday morning for a complimentary spouse's breakfast at 9:00am. Judy will give you highlights of the area and review the daily tours. Please sign up for this on the registration link.

## PAST PRESIDENTS' BREAKFAST

If you are a past president of SSOMS, we invite you to join us for a breakfast on Saturday morning at 7:00am. Please see the registration link to sign up.

## PRESIDENT'S BANQUET

The President's Reception will be held Saturday, May 6 from 6:30pm to 7:30pm followed by the banquet, awards and entertainment. **Thanks to KLS Martin and OMS National for co-sponsoring the reception and banquet.** Attire: Black tie optional.

## DAILY TOURS

We encourage you to sign up early for all tours as space is limited. If tour minimums are not met two weeks prior to the conference they will be cancelled. In addition, the Greenbrier offers over 50+ activities on the campus for all ages including: rock and alpine tower climbing, four wheeling, axe throwing, bowling, laser tag, Aerial Adventures course, canopy ziplining, fishing, archery, kayaking, paintball, paddleboarding and horseback riding.

## SPA

There's something in the water...Elite guests first visited The Greenbrier to "take the waters" over 230 years ago. Today, the award-winning West Virginia spa invites a new generation to enjoy the restorative properties of America's Resort. Combining native sulphur water spa treatments with state-of-the-art therapeutic experiences, The Greenbrier Spa treatments feature the finest products and stress-relief therapy anywhere. The Greenbrier Spa provides both soothing and curative treatments designed to ease sore muscles, improve skin composition and revitalize overall health and well-being. We suggest you make your spa reservation before you attend the conference: 888-598-8412.

## CASINO

Described as Monte Carlo meets Gone with the Wind, the Casino Club at The Greenbrier combines high-roller thrills and high-class style to create an unforgettable Greenbrier gaming experience. The new 103,000 square-foot venue is filled with world-class gaming at its finest. You'll enjoy blackjack, roulette, three card poker, texas hold'em, mini-baccarat and craps and 320 state-of-the-art slot machines.

## TENNIS, FUN RUN AND GOLF

Our Tennis Tournament will be held on Thursday, May 4 at 2:00pm. The Golf Tournament is scheduled for Friday, May 5 on the spectacular Greenbrier Course. The cost is \$150 per person which includes green fees, cart, range balls, lunch and prizes. Rental clubs are available for \$50.00. Our Fun Run will be held on Saturday, May 6 at 7:00am. Join us for these and other activities throughout the week.

## TRANSPORTATION

Airports convenient to The Greenbrier include Beckley, WV (BKW), Charleston, WV (CRW), and Roanoke, VA (ROA), Virginia, with service provided by major carriers.

## SHUTTLE SERVICE

Shuttles are available from areas airports to The Greenbrier for a fee. Please call The Greenbrier Transportation Department at 304-536-1110 ext. 7259 for rates and reservations. If a sufficient number arrive together we will arrange group transportation. Watch your email for updates.

# Our Presenters and Scientific Sessions

## *“Reducing Office-based Anesthesia Morbidity”*



### **Robert C. Bosack, DDS**

Dr. Robert Bosack was born and raised on the south side of Chicago and maintains his practice in this area. He graduated from the University of Notre Dame in 1974 and received his DDS from Loyola University School of Dentistry, magna cum laude. He received his advanced training at the Cook County Hospital, where he gained vast surgical experience. He has been practicing the full scope of oral and maxillofacial surgery since 1982, with current emphasis on dental implant technology. Dr. Bosack is a diplomate of the American Board of Oral and Maxillofacial Surgery, and currently serves on examination committee for that board.

He is committed to maintaining long term relationships with area dentists and physicians. With over 32 years of experience in this community, the number of satisfied patients is ever-expanding. He is currently on staff at Advocate Christ Medical Center and Palos Community Hospital. He is a member in good standing in all pertinent organizations at the city, state and national levels.

In addition to his full-time private practice, Dr. Bosack is a Clinical Assistant Professor at the University of Illinois College of Dentistry. He lectures to his peers at local, state and national levels on topics related to surgery, anesthesia and medicine. He is a licensed provider of continuing education in the State of Illinois, and also maintains sponsorship to provide continuing education by the Academy of General Dentistry. He has recently completed a text book entitled *Anesthesia Complications in the Dental Office*, which was published by Wiley in 2014. **THANKS TO BIOHORIZONS FOR SPONSORING DR. BOSACK**

## *“Complications in Implant Dentistry, A Surgical and Restorative Perspective”*

This session will address the most common complications that are encountered with implant scenarios, cement issues, periimplantitis, gingival inflammation secondary to soft tissue problems, bone resorption after a restoration is placed, and sinus bone grafting complications. A session on implant related trigeminal nerve injuries will also be presented. Solutions to these complications will be presented as well as the procedures that can be performed prior to or during implant placement to avoid the complications.

#### Learning Objectives:

1. Describe the preoperative findings that predict later problems;
2. Identify the appropriate procedures to prevent complications; and
3. Identify how to treat the complications discussed in the program.



### **Gary Morris, DDS**

Dr. Morris completed his undergraduate studies in chemistry at Indiana University prior to enrolling at the University of Illinois at Chicago where he completed his Bachelor of Science in Dentistry, and Doctor of Dental Surgery. He completed his residency in Prosthodontics at the University of Missouri, Kansas City and entered practice in Buffalo Grove shortly thereafter.

An Adjunct Clinical Assistant Professor in the Department of Graduate Education at the Southern Illinois University School of Dental Medicine and a former Clinical Assistant Professor at the University of Illinois at Chicago, College of Dentistry, Dr. Morris has continued his commitment to education by lecturing extensively both nationally and internationally on dental implants, implant Prosthodontics and other topics related to implant and restorative dentistry. He has authored or coauthored numerous articles published in the scientific literature relating to dental implants. He sat on the committee that formed the Dental Implant Center at Southern Illinois University and continues as a mentor doctor and consultant for Biomet/3i, a leading dental implant manufacturer.

Dr. Morris is a member of the American College of Prosthodontists where he sits on the Private Practice Committee. He is also a member of the Academy of Osseointegration, Chicago Academy of Dental Research, ADA, ISDS and CDS.



### **Mark Steinberg, DDS, MD, FACS**

Dr. Steinberg is a well known Oral & Maxillofacial Surgeon in the Chicago-land area. He has been practicing Oral & Maxillofacial Surgery for over 20 years, completing his residency in 1983. He is Board Certified by the American Board of Oral & Maxillofacial Surgery.

Prior to entering private practice Dr. Steinberg was a professor of surgery at the Loyola Stritch School of Medicine. He was also the chief of the division of Oral & Maxillofacial Surgery and program director of the Oral & Maxillofacial Surgery residency program at Loyola University Medical Center. During his notable academic career, Dr. Steinberg also taught residents and practiced Oral & Maxillofacial Surgery in other medical centers including Michael Reese Hospital, Cook County Hospital and Northwestern University Dental School.

Dr. Steinberg completed his undergraduate studies at the State University of New York at Buffalo earning a BA degree. He then received his DDS degree from Northwestern University School of Dentistry, and later earned an MD degree from Hahnemann School of Medicine in Philadelphia.

He is a fellow of many professional societies and associations including the American Association of Oral & Maxillofacial Surgeons and The American College of Surgeons. Dr. Steinberg has written many articles and text book chapters in the Oral & Maxillofacial Surgery literature. He has lectured both nationally and internationally on topics in Oral & Maxillofacial Surgery.

Dr. Steinberg has a strong commitment to community service. He has helped the Chicagoland community by volunteering surgical services to the Illinois Foundation of Dentistry for the Handicapped. He has also participated in many medical missions abroad, performing cleft lip and palate surgery for underprivileged children in South America.

Dr. Steinberg maintains a full scope Oral & Maxillofacial Surgery practice, performing all the standard oral surgical procedures such as wisdom teeth removal and dental implants, in addition to complex facial surgical procedures which include nerve repair surgery, treatment of facial cysts and tumors and facial reconstruction surgery.

# 2017 SSOMS Schedule

## Wednesday, May 3

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1:00 - 5:00pm	Registration
2:00 - 5:00pm	First Board Meeting
2:00 - 5:00pm	Candidates Interviews
6:00 - 7:30pm	Opening Reception for all

10:00 - 10:30am	Break & Exhibits
10:30 - 12:00pm	First Business Session
11:00	Yoga Class
12:30pm	Lunch on your own
1:00pm	Golf Tournament - Greenbrier Course (box lunch included)
	Tours Options
1:00 - 3:30 pm	1. Tour, Lunch, Shopping in Lewisburg
2:00 - 3:30 pm	2. Bunker Tour
4:00 - 5:30 pm	3. Falconry

## Thursday, May 4

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7:00 - 12:00pm	Registration
7:00 - 8:00am	Exhibits & Breakfast
8:00 - 10:00am	<i>"Reducing Office -Based Anesthesia Morbidity"</i> <b>Robert Bosack, DDS</b> Orland Park, IL
9:00 - 10:00am	Spouse's Breakfast
10:00 - 10:30am	Break & Exhibits
10:30 - 12:00pm	Dr. Bosack Continues
12:00pm	Lunch on your own
	Tours Options
2:00 - 3:30 pm	1. Bunker Tour
4:00 - 5:30 pm	2. Falconry
2:00pm	Tennis Tournament

## Saturday, May 6

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7:00	Fun Run
7:00 - 12:00pm	Registration
7:00 - 8:00am	Exhibits & Breakfast
7:00 - 8:00am	Past Presidents' Breakfast
7:00 - 8:00am	Second Board Meeting
8:00 - 9:00am	<i>"Implant-Related Nerve Injuries"</i> <b>Mark Steinberg, DDS, MD, FACS</b>
9:00 - 10:00am	<i>"Restorative Complications, Cement-Related Problems"</i> <b>Gary Morris, DDS</b>
10:00 - 10:30am	Break & Exhibits
10:30 - 12:00pm	Second Business Session
11:00	Culinary Demonstration
12:00pm	Lunch on your own
	Tours Options
2:00 - 3:30 pm	1. Gun Club
2:00 - 3:30 pm	2. Bunker Tour
4:00 - 5:30 pm	3. Falconry
6:30 - 7:30 pm	President's Reception
7:30 - 10:00 pm	President's Dinner

## Friday, May 5

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7:00 - 12:00pm	Registration
7:00 - 8:00am	Exhibits & Breakfast
7:00 - 8:00am	District III Caucus
8:00 - 9:00am	<i>"Implant Surgical Complications, Hemorrhaged, Peri-Implant Infections"</i> <b>Mark Steinberg, DDS, MD, FACS</b> NorthBrook, IL
9:00 - 10:00am	<i>"Restorative Complications, Treatment Planning, Screw Fractures"</i> <b>Gary Morris, DDS</b> Buffalo Grove, IL

## Sunday, May 7

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Departure

# Activities and Tours

## Declassified Bunker Tour Thurs., Fri., and Sat.



The secret is out! The declassified Bunker at The Greenbrier is a must-see experience that takes you behind the scenes and walks you through a fascinating period in the resort's history. Carved deep into the mountainside beneath our West Virginia Wing was an emergency Cold War fallout shelter.

### TIMELINE

- Meet in Trellis Lobby at 1:45 pm
- 90 minute tour
- Minimum of 25
- \$50 per person

## Tour and Shopping Lewisburg Friday, May 5



Tour the quaint city of Lewisburg, founded in 1782, have a scheduled lunch and shop around the beautiful historic city.

### TIMELINE

- Meet at the front of the hotel at 12:45 pm
- Arrive back at hotel 4:00pm
- Minimum of 15
- Lunch, Transportation, tax and gratuity
- \$140 per person

## Falconry Thurs., Fri., and Sat.



The ancient sport of falconry is both fascinating and exciting for the entire family! We encourage you to get up close and personal with these majestic birds.

### TIMELINE

- Meet at Resort Outfitters (next to outdoor pool) at 3:45pm
- Arrive back at hotel 5:30pm
- Minimum of 10
- \$170 per person

## Gun Club Saturday, May 6



Since our Gun Club's inception in 1913, skeet and trap have been popular pastimes at The Greenbrier. Located atop Kate's Mountain, the Gun Club's current offerings include four combination trap and skeet fields and a 10-station sporting clays course.

### TIMELINE

- Take the shuttle to the Gun Club at 1:30-1:45 pm
- Sporting clays with 50 rounds per person
- 20 guest minimum
- \$195 per person

# Activities and Tours

## Pre-Theater Cocktail Buffet Culinary Demonstration

Head to The Greenbrier Gourmet, sip a refreshing cup of coffee and watch our culinary demonstration *Pre-Theater Cocktail Buffet*. The latest trend in home entertaining is not a new concept, just one that needs to be revitalized. Cocktail buffets provide something for every type of guests, items which are easy to prepare and beautifully presented. Let us give you some ideas to make your next cocktail buffet the talk of the town.

- Meet at the Greenbrier Gourmet (Lower Lobby Shop Corridor)
- Time: 11:00am-12:00pm
- Fee includes: tastings
- 40 guest minimum
- \$40 per person

## Tennis Tournament: Thursday, May 4

Tennis chair will arrange pairing and tournament.  
Chairs, Bob and Kristin Pfeffle

- Meet at the Tennis Shop
- Time: 2:00-4:00pm
- \$30 per person
- Fee includes: Court fees, balls and drinks
- 10 player minimum

## Golf Tournament: Friday, May 5

Our golf tournament is schedule for Friday, May 5th on the Greenbrier course at the resort. Take the shuttle and meet at the Golf Pro Shop. Shotgun start is 1:00pm. Please have your clubs in the lobby by 12:00 pm to be taken to the course.

Chair, Chris Kahn

- \$150 per person
  - Boxed lunch included
  - Fee includes: Green fee, cart, prizes
  - Maximum is 40 guests
  - Rentals \$50.00 may be charged to your room.
- Indicate right or left handed.

## Fun Run: Saturday, May 6

Chair, Eric Geist

- Meet on Rhododendron Terrace
- Time: 7:00am
- \$25 per person, includes t-shirt
- 3.1k distance

## Yoga: Friday, May 5

Center yourself at the Greenbrier Yoga studio

- Locate in Aerobics Studio by the Indoor Pool
- Time: 11:00am-12:00pm
- Maximum is 10 guests
- \$30 per person

